

WELCOME TO THE RICHMOND BEHAVIORAL HEALTH AUTHORITY

THERAPEUTIC YOUTH DAY TREATMENT

The Richmond Behavioral Health Authority (RBHA) is proud to offer Therapeutic Youth Day Treatment services in your child's school. Our program is designed to reduce suspensions, improve absences, and support your child's success in school, at home, and in the community.

These services will provide you and your child with the following:

- **Cognitive Behavioral Programming** (monitoring, observing, redirecting and counseling throughout the school day)
- **Psycho-educational Groups** (teaching anger control, social skills, problem-solving, coping skills, communication, etc.)
- **Individual Therapy** (one on one counseling each week to assist with your child's individual needs)
- **Group Therapy** (counseling with a small group to practice and process new skills and influences on behavior)
- **Family Therapy** (your child's case manager will call you each week to review your child's progress and assist with any issues at home)
- **Service Coordination** (your child's case manager will communicate regularly with his or her teachers and any other treatment providers involved)
- **Crisis Intervention** (the RBHA team is trained to handle any situation that places your child or his/her peers in harm's way)
- **Family Case Management** (your child will have a case manager who is not at the school every day to make home visits and provide supportive counseling to the guardian)



Optional services that are also available are:

- **Intensive In-Home Services** (individual and family therapy as well as case management that is provided at least three hours each week)
- **Psychiatric Evaluations** (a thorough evaluation conducted by a licensed psychiatrist who will meet with you and your child for at least one hour and make recommendation based on the assessment)
- **Medication Management** (a licensed psychiatrist will meet with your child once a month or quarter to prescribe medication and monitor side effects)
- **Crisis Intervention** (the agency offers all consumers access to a crisis specialist 24 hours a day, 7 days a week)

If you have any questions or comments, please contact your RBHA day treatment team at your child's school.

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