



BOARD OF DIRECTORS MEETING MINUTES
September 5, 2023

The Richmond Behavioral Health Authority (RBHA) Board of Directors met **in the Boardroom at 107 S. 5th Street in Richmond, Virginia 23219.**

RBHA Board members present: Scott Cannady; Kristi Babenko; Karah Gunther, Vice Chair; Malesia "Nikki" Taylor, Secretary/Treasurer; Eduardo Vidal; Stephen Willoughby; and Ashley Young.

RBHA Board members absent: Jenny Aghomo; Tameisha Archer; Irvin Dallas, Chair; Shauntelle Hammonds; Dr. Brian Maiden; Dr. Cynthia Newbille; and Rev. Dana Sally-Allen.

Staff present: Dr. John Lindstrom, CEO; Amy Erb; Bill Fellows; Susan Hoover; Dr. Jim May; Shenee McCray; Carolyn Seaman; Michael Tutt; Cristi Zedd; Scott Ward; Meleese Evans, Executive Assistant and Steve Buffenstein via Zoom.

RBHA's Legal Counsel: Jon Joseph of Christian & Barton, LLP.

Guests: None.

Proceedings:

- The meeting was called to order at 3:03 p.m. by Karah Gunther, Board Vice Chair.
- Public Comment: None.
- Approval of the Board meeting minutes for June 13, 2023, and July 11, 2023, were tabled until the next meeting; as, a quorum was not present.

Employee Recognitions

- Kenneth Harris, CPRS, in Adult Substance Use Disorders Services, was recognized as employee of the month.
- Region 4 Regional Education Assessment Crisis Services Habilitation Residential Nurses, in Developmental Services, was recognized as Team of the month.

Chief Executive Officer's Report - Dr. John Lindstrom

- The CEO Report was discussed and is included in today's Board meeting packet and with today's meeting minutes.

RBH Foundation (RBHF) Report - Carolyn Seaman

- The RBH Foundation Development Report was discussed and is **included in today's** Board meeting packet and with **today's meeting** minutes.
- Carolyn distributed and discussed the Gratitude Report, Stories for the Donor Report, and 3-year comparison report.
- Carolyn encouraged everyone to attend the Open House on 10/11th at the North Campus between 10am -2pm.

Committee Reports:

Access & Service Delivery Committee – Rev. Dana Sally-Allen

- The Access and Service Delivery Committee has not met since the last Board meeting.

Advocacy & Community Education Committee –Scott Cannady

- The Advocacy and Community Education Committee has not met since the last Board meeting.

Executive Committee – Karah Gunther for Irvin Dallas

- The Executive Committee met and approved Dr. Lindstrom communicating with Virginia Supportive Housing in developing the purchase agreement from their proposal, the proposed paid parental leave policy, and amending RBHA’s policy to increase the rate of vacation leave accrual.
- A draft report of the meeting is included in today’s Board meeting packet.

Finance Committee Report –Malesia “Nikki” Taylor

- Total cash in the bank at June 30th was \$29.6 million, and RBHA's share of that cash is \$9.7 million.
- RBHA's current operating reserve ratio for June was 0.94 or just under 2 months of expenses.
- RBHA's net worth is \$19 million and year to date net income on June 30th was \$24.5 million. Net income will decrease as adjustments to end-of-year deferred revenue are made.
- Gross Accounts Receivable (AR) is \$6.8 million and net AR, after the allowance for doubtful accounts, is \$3.2 million due from the Managed Care Organizations.
- The note payable balance at June 30th was \$2.6 million.
- A draft report of the meeting is included in today’s Board meeting packet.

Human Resources Committee –Karah Gunther

- The Human Resources Committee met and discussed succession strategies for the Executive Leadership Team, as presented by Dr. Lindstrom.
- A draft report of the meeting is in included in today’s Board meeting packet.

Nominating & By-Laws Committee – Tameisha Archer

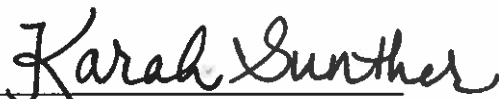
- The Nominating and By-Laws Committee has not met since the last Board meeting.

Presentation: Assertive Community Treatment (ACT) Services, presented by Amber Spivey, LCSW, CSOTP, CCTP, ACT Program Manager. The presentation is included with today’s meeting minutes.

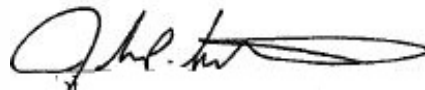
The meeting adjourned at 4:30 p.m.

The next Board of Director’s meeting will take place on **Tuesday, October 3, 2023, at 3:00 p.m., in the Boardroom at RBHA, 107 S. 5th Street, Richmond, VA 23219.**

Respectfully Submitted:



Karah L. Gunther
RBHA Board Vice Chair



Dr. John P. Lindstrom
Chief Executive Officer

Richmond Behavioral Health Authority
Board of Directors
Chief Executive Officer's Report
September 5, 2023

After the August break from monthly Board meetings, we find ourselves in the last month of the FY 24 first quarter. This year we will be undertaking a number of big projects which will impact RBHA for years to come. I am excited! And, I believe the excitement will grow throughout the agency as the year progresses. Of course, there is a great deal of work required to see it through.

Potential transition to Virginia Retirement System

The city remains on course to join VRS for prospective employees beginning January 1. Current employees will have the option to join or remain in the Richmond Retirement System. Since VRS requires a 4 percent employee contribution, the same is under consideration for those who elect to remain in RRS. We will know much more about the city's decisions this month.

RBHA received just this last week our actuarial study based on our employee profile. We will be working with the city finance staff to understand our costs and options going forward. I hope to have enough details to make specific recommendations to you at the October board meeting.

Awarded 500,000 in One-time Funds for Infrastructure

The Department recently provided notice that RBHA's proposal for special Infrastructure funding was approved. We proposed using these funds to off-set some of the costs of acquiring and implementing our new Electronic Health Record. This funding will give us a bit of a cushion against risks in our ambitious FY 24 budget.

Federal Block Grant funds – 10 percent increase

Recently, DBHDS reported receiving an increase in Federal Block Grant funds and, in the interest of supporting its CSB partners, will be passing the funds directly to all CSBs in the forms of a 10 percent increase. While the specific figures have not been communicated, RBHA could see an increase in nearly 400,000 between SUD and MH federal funds.

More Good News!

Word has it that the General Assembly will convene to vote approval of the budget compromise. If it goes as planned, RBHA will be in line for additional funds through both direct awards and rate increases. On Friday, I received the following update from Jennifer Faison, Executive Director of VACSB:

Workforce

\$18M to increase compensation for staff that work for Community Services Boards or a Behavioral Health Authority beginning on 01 JAN 2024. The Department of Behavioral Health and Developmental Services may fund up to 100 percent of the costs of the compensation increase.

Early Intervention and DD

- Rate increase of 12.5% for all Early Intervention services, excluding case management, beginning on 01 JAN 2024
- 70 CL Waiver slots and 430 FIS Waiver slots available on 01 JAN 2024
- EPSDT Therapeutic Group Homes will receive a 12.5% rate increase for crisis and related services effective 01 JAN 2024

Behavioral Health

10% rate increase beginning on 01 JAN 2024 for the following:

- Intensive In-Home
- Mental Health Skill Building
- Psychosocial Rehab
- Therapeutic Day Treatment
- Outpatient Psychotherapy, and
- Peer Recovery Support Services – Mental Health

10% rate increase for beginning on 01 JAN 2024 for the following the following:

- 23 Hour Crisis Stabilization
- Community Stabilization
- Crisis Intervention
- Mobile Crisis Response

- Residential Crisis Stabilization
- Assertive Community Treatment
- Mental Health – Intensive Outpatient
- Mental Health – Partial Hospitalization
- Family Functional Therapy, and
- Multisystemic Therapy

\$4.35M to increase funding for the first three steps of STEP-VA

Increased per diem rates for partial hospitalization to \$500 and mental health intensive outpatient to \$250 beginning on 01 JAN 2024

There is an additional \$58M to expand and modernize the comprehensive crisis services system, including, but not limited to, investment in additional crisis receiving centers, crisis stabilization units, and enhancements to existing sites. Any remaining appropriation at year end shall be carried forward to the subsequent fiscal year for this purpose.

An increase from \$8.4M to \$12.6M to provide child psychiatry and children's crisis response services for children with mental health and behavioral disorders.

\$4M to support for supervised residential care for 100 individuals with priority given to projects that prioritize individuals on the state's extraordinary barriers list.

An additional \$30M for Permanent Supportive Housing.

\$10M for the one-time costs of establishing additional mobile crisis services in underserved areas.

Employee Appreciation Event – mid/late October

Our HR Department led planning committee will be announcing an employee celebration/appreciation event to occur in October. It's looking like an outdoor event with food, games, entertainment is in the offing. We will get particulars out to the Board as soon as plans are finalized. If available, please join us.

Electronic Health Record

The project plan for the new EHR has been finalized. Work teams will begin tackling various components of the project plan this month. Our goal is to implement successfully in a mere 12-13 months. Over forty subject matter experts among RBHA staff have been identified to participate in the project. They represent all clinical/service and business components of RBHA.

Open House at the Crisis Receiving Center

An open house for community partners was held on Tuesday, August 29 at the newly completed Crisis Receiving Center. We were visited by Secretary Littel (Health & Human Services) and Janet Kelly (Governor's Office).

Relias Learning Platform

The new staff learning platform was successfully launched during the month of July. Multiple training sessions were set up for supervisors to support their responsibilities for monitoring and assigning trainings.

Virginia Supportive Housing

Representatives of Virginia Supportive Housing were thrilled to hear of the RBHA Board's approval of moving forward with the proposal to support the development of 80 housing units by offering two lots in Highland Park in exchange for housing access. VSH's attorney's will draft the agreement for our administrative and legal review.

Launching New leave Use and Accumulation Policy

Staff have been notified of the Board's approval of the new leave use and accumulation policy. Its implementation coincides with the current payroll cycle (reflected on September 15 pay advices)

Other Noteworthy Initiatives for FY 24

- Position Control

- Budget Development Software

- Compensation & Classification

You will receive updates on these initiatives throughout the fall.

Respectfully submitted,

A handwritten signature in black ink, appearing to read "John P. Lindstrom". The signature is fluid and cursive, with a long horizontal flourish extending to the right.

John P. Lindstrom, Ph.D., LCP
Chief Executive Officer

RBHA Board Meeting
Development Report – September 5, 2023

Richmond Behavioral Health Foundation

YTD Unrestricted to RBHF: \$1,949.47

YTD Restricted Funds (outside of grants) to RBHF: \$0

YTD grants awarded: 0

YTD gifts-in-kind: \$8,816.00

YTD Total Revenue: \$10,765.47

	Current Year (FY24)	Past Year (FY23)	2 years ago (FY22)
	Total Grants/Requests Submitted in FY24 (July 1, 2023 – June 30, 2024)	Total Grants/Requests Submitted in FY23 (July 1, 2022 – June 30, 2023)	Total Grants/Requests Submitted in FY21 (July 1, 2021 – June 30, 2022)
Number of Submitted Grants/Requests	3	3 carried over from FY22 \$178,000 10	14 Total: \$667,500.00
Number of Funded Grants/Requests	N/A	10	7
Dollar Value of Awarded Grants/Requests	N/A	\$232,500	\$86,000.00
Number of Pending Grants/Requests	3	0	2
Dollar Value of Pending Grants/Requests	\$206,160	0	\$178,000.00
Number of Denied Grants/Requests/Postponed	N/A	5	3
Dollar Value of Denied or Partially Funded Grants/Requests	N/A	\$161,000	\$403,500
Gifts in Kind - Monetary Value (Includes Value of Volunteer Hours and Value of donated items)	\$3,816.00 (Volunteer Hours Value) \$5,000 (Donated Items Value) TOTAL: \$8,816.00	\$78,427.92 (Volunteer Hours Value) \$47,680.00 (Donated Items Value) TOTAL: \$126,107.92	\$65,242.44 (Volunteer Hours Value) \$43,330.00 (Donated Items Value) TOTAL: \$108,572.44

RBHA Board Meeting
Development Report – September 5, 2023

Volunteer Hours	120	2036	2306
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Update on Grants and Gifts: See attached chart

Volunteer Projects:

07/18/23 – Group Room Mural & Canvases for the Crisis Stabilization Unit – Altria Employees

08/30/23 – W&L Students – Landscaping Projects at Chelsea Hill

Community Engagement:

Events:

Appeals:

Assertive Community Treatment



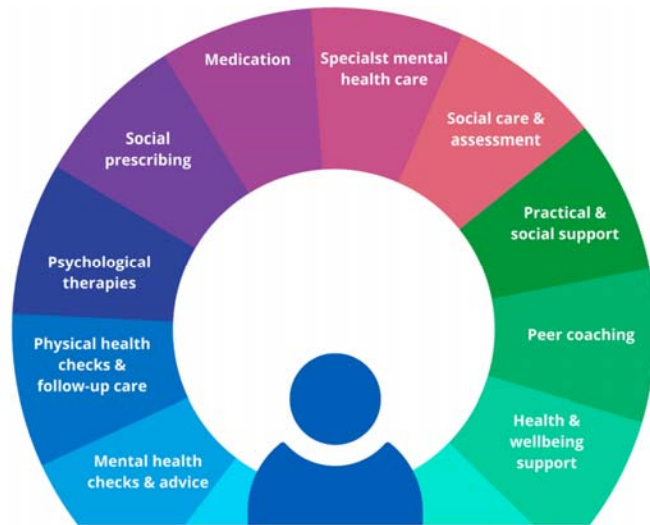
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- One of the oldest and most widely researched evidence-based practices in behavioral health care for people with severe mental illness.
- Improves outcomes for adults with SMI who are most at risk of psychiatric crisis, hospitalization and involvement with the criminal justice system.
- Consistent, caring, person-centered relationships have a positive effect upon outcomes and quality of life.

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Multidisciplinary Team

- Manager
- Psychiatrist
- Team Lead
- Vocational Clinician
- Co-Occurring Disorders Clinician
- 5 Generalist Clinicians
- 3 Nurses
- Certified Peer Recovery Specialist
- Administrative Asst.



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Who do we serve?

- 18years or older.
- Diagnoses
 - Schizophrenia
 - Schizoaffective Disorder
 - Bipolar Disorder
 - Other Psychotic Disorder
- Significant difficulty in consistent performance of basic adult functioning in the community.
- Lower levels of care have been unsuccessful.
- History of inpatient psychiatric hospitalization.
- Not required, but common- History of incarceration and/or homelessness, substance use disorders and chronic medical conditions.

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Our Team

- Licensed to serve up to 120 individuals. Usually serve 95.
- Currently serve 77 individuals.
- Currently budgeted for 15 positions on the team but we are down 2 clinicians.
- Current demographics:
 - 81.9% African American and 18.1% Caucasian
 - 55% Male and 45% Female
 - Average age is 46
 - Average length of service provision is 8 years
 - Most individuals are diagnosed with Schizophrenia
 - 24 (33.3%) individuals also have a substance use diagnosis
 - 20 individuals in Permanent Supportive Housing

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Hospital Without Walls

- 24/7/365 access to a team member
 - 12-hour FF coverage Monday-Friday
 - Weekends
 - Holidays
 - On Call
- Shared caseload
- Low client to staff ratio
- All services are provided in the community
- Long term service provision
- Daily team meeting

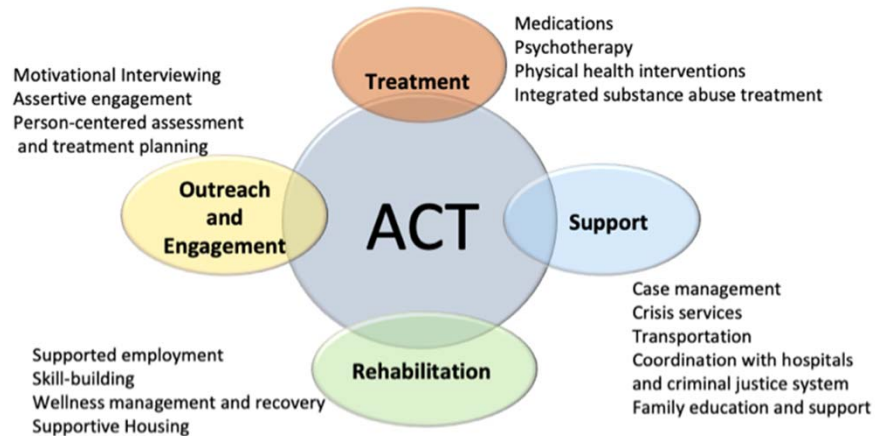


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Full Wrap Around Services

ACT as a Platform for Services



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Community Partners/Referrals

- Other RBHA Service Providers
- Family Members
- Day Programs
- Assisted Living Facilities
- Hospitals
- Medical Providers
- Jails
- Police
- Guardians
- Payees
- Attorneys

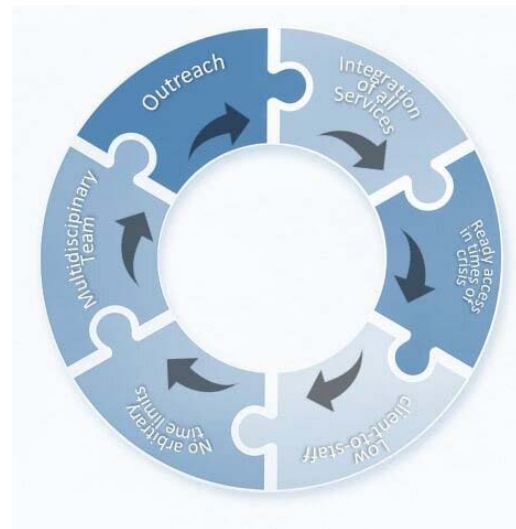


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Goals

- Increase Independence
- Reduce Hospitalizations
- Increase Housing Stability
- Decrease Symptoms and/or Increase the Use of Effective Coping Skills
- Increase Social Supports
- Since January 2021, we have graduated 17 individuals and only 1 has returned to the team.



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SUCCESS

- 25 yr old AA male diagnosed with Schizophrenia
- 2008- Parents divorced and his father was granted physical custody as his mother reportedly struggled with mental health issues.
- 2013, 15 yrs old- Went to juvenile detention and was connected to RBHA services.
- 2014, 16 yrs old-While in detention he was hospitalized at VTCC and Commonwealth Center for Children twice.
- Then placed at Newport News Behavioral Health residential where he lived until he was 18 yrs old. While there he had another hospitalization at Poplar Springs.

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- At the age of 18 funding for his residential placement stopped and he was released from the facility.
- He went to his father's home and his father brought him to RBHA reporting that he could not stay with him and that his son needed help. He was then opened to the ACT team.
- 2016, 18 yrs old- 6 Involuntary hospitalizations.
- He was then placed at several ALFs where he had to live with much older residents and was made to attend various day programs.
- ALF placements were unsuccessful, and he was hospitalized and incarcerated numerous times due to unmanaged symptoms and behavioral issues.
- Most recently he spent over a year at CSH for restoration and was found URIST.

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- The team wanted to give him a chance to live independently so he was referred to Home Connect.
- The team sees him daily for medication delivery and interventions.
- He has now lived independently for over 6 months and is doing very well!
- He engages well with the team, attends socialization activities, is managing his finances, goes to the library for books and DVDs and attends our vocational group as he wants to go back to school to get his high school diploma.



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The End.

Thank you.